Tips for using a Visual Schedule

- Only the child should manipulate the schedule cards. Adults should use hand-over-hand prompting so that only the child touches the card.
- Reward the child for following his/her schedule appropriately. Rewards can be delivered while following the schedule (back rubs, small snack, etc.) and when arriving at the correct location (verbal praise, tickles, preferred toy/snack, etc.)
- Intersperse preferred activities with less preferred activities. Following a schedule should not be a punishing activity for the child.