

CAFÉ 29 MENU

FALL 2021

FLATBREADS

6" x 6" baked flatbread "pizza"

CHICKEN CAPRESE \$5.95

provolone & mozzarella, pesto, tomato, balsamic glaze

MEDITERRANEAN \$6.29

feta, artichoke, olives, sundried tomato, chickpeas, olive oil

FOUR CHEESE \$5.29

provolone & mozzarella, feta, parmesan, olive oil

PEPPERONI \$5.75

provolone & mozzarella, parmesan, olive oil

SALADS & SOUPS

GREEK SALAD \$7.95

greens, artichoke, tomato, cucumber, carrot, chickpeas,
olives, feta vinaigrette add chicken \$2.00

CHICKEN SALAD ON GREENS \$9.50

cranberries, pecans

SOUP OF THE DAY \$5.75

with crackers

BEEF & BEAN CHILI \$5.95

with crackers

SANDWICHES

served with potato chips

BLT \$8.75

bacon, lettuce, tomato, mayo, sour dough

CHICKEN SALAD CROISSANT \$9.75

lettuce, tomato

CHICKEN WRAP \$9.95

hummus, sundried tomatoes, olives, chickpeas,
cucumber, carrot, greens, feta vinaigrette

SNACKS

AVOCADO TOAST \$5.29

sour dough, avocado mash, radish, everything seasoning

WAFFLE FRIES \$4.75

half pound

CHILI FRIES \$5.75

topped with beef & bean chili


HUMMUS DIP \$5.29

carrot sticks, pretzels


 Cheekwood **Wellness 360** Menu Item

CAFÉ 29 HOT BEVERAGES

FROM THE BARISTA - we use only locally roasted beans

LATTE	10oz	\$4.95
AMERICANO	10oz	\$3.95
ESPRESSO		\$3.50
SYRUPS - vanilla, chocolate, caramel		75¢
MAXWELL HOUSE BREWED COFFEE - regular or decaf	10oz	\$2.75
 RISHI ORGANIC TEA - assorted loose leaf tea bags		\$3.00
HOT COCOA		\$3.50

COLD BEVERAGES

ICED FRUIT TEA - with a blend of pineapple, orange, and apple juices	14oz	\$3.50
LOCAL COLD BREW COFFEE	12oz	\$5.95
 LOCAL KOMBUCHA - assorted flavors	12oz	\$5.95
NAKED JUICE - assorted flavors	15.2oz	\$5.95
LIPTON PURE LEAF TEA - assorted flavors	18.5oz	\$4.50
BUBLY BOUNCE SPARKLING WATER - assorted flavors with caffeine	12oz	\$3.00
LACROIX SPARKLING WATER	12oz	\$3.00
PEPSI, DIET PEPSI, SIERRA MIST	20oz	\$3.00
AQUAFINA WATER	20oz	\$3.50
BOTTLED WATER	16.9oz	\$3.00
JUICY JUICE BOX	4oz	\$1.95

ALCOHOLIC BEVERAGES ALSO AVAILABLE

 Cheekwood Wellness 360 Menu Item