



\*available online at  
tennesSweetfoodco.com

# CAFÉ 29 TennesSweet Market

## QUICK BITES

**CHARCUTERIE BOX 9.50**

Crackers, seasonal fruits and assorted meats and cheeses

**DEILED EGGS 8.00**

Egg whites with a delicious yolk, mayo and mustard filling

**WILD RICE SALAD 6.00**

Wild rice, apple, pecan, cranberry, celery, & green onion tossed in an orange vinaigrette

**APPLE CINNAMON PARFAIT 7.00**

Layers of cinnamon apples, vanilla yogurt, and granola crumbles

**PIMENTO CHEESE DIP 6.00**

Served with Pita Chips

**SPINACH DIP 6.00**

Served with Pita Chips

**FRUIT CUP 6.00**

**PINWHEELS 6.00**

Turkey, ham, cheddar, lettuce, and cream cheese spread rolled in a spinach wrap

## BEVERAGES

### HOT

**REGULAR COFFEE 4.00**

**AMERICANO 4.00**

**ESPRESSO 3.50**

**FROSTY LATTE 5.50**

Seasonal Peppermint

**SMORES LATTE 5.50**

Seasonal

**CHAI LATTE 5.50**

**MATCHA LATTE 5.50**

**LATTE Hot or Iced 5.00**

**FLAVOR SHOT .50**

Vanilla, salted caramel, hazelnut, peppermint, coconut, & pumpkin

**Southern Belle 3.00**

MANGO, TANGY PINEAPPLE AND ORCHARD-FRESH GEORGIA PEACHES.

**A Winters Night 3.00**

WINTER SEASONAL TEA BLENDS CRISP, TART CRANBERRIES WITH THE SMOOTH, SWEETNESS OF HOLIDAY PEARS.

**Porch Swing 3.00**

THE BLEND THAT STARTED IT ALL! SWEET, SIMPLE AND STEEPED TO PERFECTION

**Music City 3.00**

THE TRIO OF PEACH, PINEAPPLE AND MINT MIX TOGETHER IN THIS DELICIOUS TEA

### COLD

**BOTTLED WATER 3.50**

**COKE, DIET COKE, SPRITE 3.50**

**JUICE BOX 2.00**

**LACROIX 3.50**

**COLD BREW COFFEE 5.95**

**PEPPERMINT MOCHA COLD BREW 5.95**

**ICED COFFEE 4.00**

**SNICKERDOODLE ICED COFFEE 5.50**

**LEMONADE 3.00**

**HOP WATER 5.00**

Sparkling water with hops, lemon and lime (non-alcoholic)





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## SANDWICHES

-  **TENNESSWEET CHICKEN SALAD 12.00**  
Delicious chopped white meat chicken, sliced grapes, apples, and served on a croissant
-  **GRILLED PIMENTO CHEESE 12.00**  
Sourdough bread, homemade pimento cheese and sliced tomato grilled to perfection
- HOT HAM AND SWISS 12.00**  
Holiday glazed ham and swiss cheese on grilled sourdough bread
- HEAT MISER CROISSANT 12.00**  
Ham, turkey, swiss cheese, spinach, tomato, onion, and horseradish mayo on a croissant
- THE GRINCH 12.00**  
Spinach, red pepper, fontina, and pesto on grilled sourdough bread
- THE SCROOGE 13.00**  
Turkey and spinach with fresh cranberry sauce, & sage cream spread grilled on sourdough

**COMBO MEAL 17.50**

**INCLUDES SANDWICH, CHIPS AND A SODA OR WATER**

## WRAPS

- HOLIDAY WRAP 13.00**  
Diced chicken, butternut squash, wild rice, goat cheese, toasted almonds, and balsamic fig jam in a spinach wrap
- BE MERRY WRAP 12.00**  
Diced chicken, parmesan, red onion, tomato, lettuce, and italian dressing in a spinach wrap

## SALADS

- RUDOLPH SALAD 13.00**  
Oven roasted chicken, pear, cranberry, red onion, goat cheese, and spiced walnut on a bed of fresh spinach
- BUDDY THE ELF SALAD 13.00**  
Oven roasted chicken, farro, butternut squash, bacon, apple, parmesan, and pepita on a bed of fresh spinach
- CHICKEN GARDEN SALAD 12.00**  
Oven roasted chicken, tomato, onion, cucumber, boiled egg, and croutons on a bed of romaine

**KIDS PICNIC BOX 12.00**

(12 AND UNDER ONLY)

**CHOICE OF: CHIPS OR APPLESAUCE**

**MILK OR APPLE JUICE  
CLASSIC GRILLED CHEESE**

Cheddar cheese melted to perfection on soft white bread.

**TURKEY & CHEDDAR SANDWICH**

Sliced turkey and cheddar cheese on soft white bread

**SUN BUTTER & STRAWBERRY JAM**

Served on white bread

**SOUPS 6.00**

- **TOMATO BISQUE**
-  • **VEGETABLE FARRO**
-  • **TENNESSWEET SOUP OF THE DAY**

**SOUP & GRILLED CHEESE COMBO 16.00**

