

CAFÉ 29

TennesSweet Market

QUICK BITES

CHARCUTERIE BOX	9.50	DEVILLED EGGS	8.00
Crackers, seasonal fruits and assorted meats and cheeses		Egg whites with a delicious yolk, mayo and mustard filling	
KALE SALAD	6.00	PUMPKIN PIE PARFAIT	7.00
cranberry, pecan, parmesan, apple cider vinaigrette		A lighter pumpkin pie, layered with whipped cream, sweet graham cracker crust, and pecans	
FRUIT CUP	5.00	FARRO SALAD	6.00
Seasonal sliced fruit		Farro, roasted butternut squash, & cranberry in a maple mustard vinaigrette	
PIMENTO CHEESE DIP	8.00	CARAMEL APPLE	5.00
Served with Pita Chips		APPLE SAUCE	2.50
SPINACH DIP	8.00		
Served with Pita Chips			
CHIPS	3.00		

BEVERAGES

COLD

BOTTLED WATER	3.50
COKE, DIET COKE, SPRITE	3.50
JUICE BOX	2.00
FENTIMANS SODA	6.00
LACROIX	3.50
ICED COFFEE	4.00

HOT

REGULAR COFFEE	4.00
AMERICANO	4.00
ESPRESSO	3.50
RUDOLPH LATTE	5.50
Seasonal Peppermint	
LATTE	5.00
FLAVOR SHOT	.50
Vanilla, salted carmel, gingerbread, hazelnut, peppermint, or coconut	
HOT CHOCOLATE	5.00

 *A Winter's Night* **3.00**
OUR WINTER SEASONAL TEA BLENDS CRISP, TART CRANBERRIES WITH THE SMOOTH, SWEETNESS OF HOLIDAY PEARS

 *Southern Belle* **3.00**
MANGO, TANGY PINEAPPLE AND ORCHARD-FRESH GEORGIA PEACHES.



 *Music City* **3.00**
THE TRIO OF PEACH, PINEAPPLE AND MINT MIX TOGETHER IN THIS DELICIOUS TEA

 *Porch Swing* **3.00**
THE BLEND THAT STARTED IT ALL! SWEET, SIMPLE AND STEEPED TO PERFECTION

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SANDWICHES

TENNESSEET CHICKEN SALAD	12.00
Delicious chopped white meat chicken, sliced grapes, apples, and served on a croissant	
GRILLED PIMENTO CHEESE	12.00
Sourdough bread, homemade pimento cheese and sliced tomato grilled to perfection	
HOT HAM AND CHEDDAR	12.00
Honey ham, cheddar cheese, ground mustard aioli grilled on sourdough bread	
SANTA'S SANDWICH	12.00
Chicken, roasted fennel and onion, tomato, spinach, provolone	
CURRIED EGG SALAD	12.00
Traditional egg salad with a curry twist. Served on a croissant	
HOLIDAY CRANBERRY	13.00
Turkey and kale with fresh cranberry sauce and rosemary spread on grilled sourdough	

WRAPS

ITALIAN WRAP	13.00
Sliced turkey, ham, salami, provolone, roasted red pepper, and spinach with italian dressing in a spinach wrap	
HOLIDAY WRAP WELLNESS 360	13.00
Diced chicken, roasted butternut squash, farro, roasted fennel, kale, and cranberry drizzled with maple mustard in a spinach wrap	

SIDES

FARRO SALAD	6.00
POTATO SALAD	6.00
FRUIT CUP	5.00
POTATO CHIPS	3.00
APPLE SAUCE	2.50

PEAR CRANBERRY SALAD	12.00
Oven roasted chicken, sliced pear, cranberries, spiced walnuts, and goat cheese on a bed of fresh spinach	
SALADS HOLIDAY GRAIN SALAD WELLNESS 360	12.00
Oven roasted chicken, farro, red cabbage, roasted butternut squash, red onion, raisin, and pecan on a bed of fresh spinach	
CHEF SALAD WELLNESS 360	12.00
Romaine, cucumber, tomato, julienne ham, turkey, cheddar cheese, boiled egg, croutons	

KIDS PICNIC BOX \$12.00

INCLUDES APPLE SAUCE & JUICE
**12 and under only (no substitutions)*

CLASSIC GRILLED CHEESE
Cheddar cheese melted to perfection on soft white bread.

CUSTOM SANDWICH
choice of ham or turkey, cheddar or provolone on white bread

SUN BUTTER & STRAWBERRY JAM
Served on white bread

SOUPS 6.00

**subject to availability*

- TOMATO BISQUE
- VEGETABLE FARRO WELLNESS 360
- SOUP SPECIAL OF THE DAY

CHECK OUT OUR DAILY BAKERY ITEMS!

***FULL MENU IS UNAVAILABLE 3PM-5PM**

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